



## **NVQ in Health and Social Care**

### **Who is the award Suitable for?**

Employees who have a customer-facing role within their organisation the emphasis is placed on delivering high standards of Health & Social Care and recognising problems as they arise.

### **What are the benefits of taking these qualifications?**

NVQ's in Health & Social Care have been developed to recognise and reflect the candidate's work. Each level of the qualifications recognises a candidate's competence and ability in their everyday work and covers a diverse range of tasks and functions that are part of Health & Social Care.

### **How will NVQ's help your staff?**

Health and Social Care NVQs aid employers in measuring responsiveness to resident needs and enable care homes to demonstrate a quality commitment to its residents. Validate employee's current achievements' and competences. Enable them to gain occupational competence in their area of work. Increase motivation and commitment.

### **Where is the course delivered?**

The course will be delivered on the employer's premises. We work with employers and learners to complete assessments with a minimum of disruption to daily routines. Learners work with assessors to develop a flexible plan of assessment taking into account employer needs, learner job roles and work environment.

### **Which qualification will I be awarded if I successfully complete the course?**

You will be awarded an NVQ Level 2 in Health & Social Care, in some cases learners are able to jump straight to a NVQ Level 3.

### **How long will the Award take and when will it be taught?**

This award is aimed at company employees so the length will vary according to workplace and individual, although there is an expectation that it will be completed within 6-12 months. An assessor will visit candidates in their workplace to train, assess and review them on a regular basis. For groups of candidates from the same employer, knowledge workshops may be provided. For individuals this will be covered by your assessor during 1:1 appointments.

### **How much will the course cost me?**

If you don't already have a qualification at Level 2 (this is equivalent to five GCSE's at grade A-C) or a higher qualification, this course is can be eligible for government funding, which we can arrange for you.

Please contact us for further information on eligibility criteria. We will do our best to answer all questions and those we are unable to answer there and then we will get back to you.

### **What will I be able to go on to do after I've completed this course?**

On successful completion of this award there are a number of opportunities for further study, including progressing through the Health & Social Care NVQ levels



## NVQ Level 2 in Health & Social Care

Health and Social Care Level 2 appraises record keeping ability, personal and resident health and safety, and covers supportive care, protection and resident well-being. Level 2 is appropriate for those who have restricted management of their employment activities. To achieve this award, candidates must complete all four mandatory units plus two optional units from each must be achieved if working in social care. In the healthcare setting two core units, two optional units plus a further two units (from either the core or option group) are required.

Additional units are available but cannot be used as part of the NVQ.

### **Mandatory Units**

The candidate is required to complete all four mandatory units if working in social care

HSC21: Communicate with, and complete records for individuals

HSC22: Support the health and safety of yourself and individuals

HSC23: Develop your knowledge and practice

HSC24: Ensure your own actions support the care, protection and well-being of individuals

### **Optional Units**

HSC25: Carry out and provide feedback on specific plan of care activities

HSC26: Support individuals to access and use information

HSC27: Support individuals in their daily living

HSC28: Support individuals to make journeys

HSC29: Support individuals to meet their domestic and personal needs

HSC210: Support individuals to access and participate in recreational activities

HSC211: Support individuals to take part in development activities

HSC212: Support individuals during therapy sessions

HSC213: Provide food and drink for individuals \*

HSC214: Help individuals to eat and drink\*

HSC215: Help individuals to keep mobile

HSC216: Help address the physical comfort needs of individuals

HSC217: Provide pressure area care

HSC218: Support individuals with their personal care needs +

HSC219: Support individuals to manage continence HSC218 +

HSC220: Contribute to the care and maintenance of clients feet

HSC221: Assist in the administration of medication

HSC222: Support individuals prior to, during and after clinical procedures

HSC223: Contribute to moving and handling individuals

HSC224: Observe, monitor and record the conditions of individuals

HSC225: Support individuals to undertake and monitor their own healthcare

HSC226: Support individuals who are distressed

HSC227: Contribute to working collaboration with carers in the caring role

HSC228: Contribute to effective group care

HSC229: Gain access to, and ensure individuals' homes are secure  
HSC230: Manage environments and resources during clinical activities  
HSC232: Protect yourself from the risk of violence at work

Unit Combinations

\* Forbidden Combination

+ Forbidden Combination

**Progression information:**

Health & Social Care NVQ Level 3; A maximum of three units from Health & Social Care Level 2 can be claimed towards a Level 3 qualification.

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## NVQ Level 3 in Health & Social Care

NVQ Level 3 is appropriate for those people who are in a position of responsibility within their organisation, such as a senior care worker. Job responsibilities could include supervision of other staff, hands on delivery and independent decision making within the context of ethical and inclusive service. To achieve this award, candidates must complete all three mandatory core units plus the specialist core unit and four adult optional and/or generic units must be achieved.

### **Mandatory Units**

The candidate is required to complete all three mandatory core units and the specialist unit.

HSC31: Promote effective communication for and about individuals

HSC32: Promote, monitor and maintain health, safety and security in the working environment

HSC33: Reflect on and develop your practice

Specialist Unit

HSC35: Promote choice, well being and the protection of all individuals

### **Optional Units**

HSC328: Contribute to care planning and review

HSC329: Contribute to planning, monitoring and reviewing the delivery of service for individuals

HSC330: Support individuals to access and use services and facilities

HSC331: Support individuals to develop and maintain social networks and relationships

HSC332: Support the social, emotional and identity needs of individuals

HSC333: Prepare your family and networks to support individuals requiring care

HSC334: Provide a home and family environment for individuals

HSC335: Contribute to the protection of individuals from harm and abuse

HSC336: Contribute to the prevention and management of abusive and aggressive behaviour

HSC337: Provide frameworks to help individuals to manage challenging behavior

### **Generic Optional Units**

HSC338: Carry out screening and referral assessment

HSC339: Carry out assessment to identify and prioritise needs

HSC340: Carry out comprehensive substance misuse assessment

HSC341: Help individuals address their substance use through an action plan

HSC342: Assess and act upon immediate risk of danger to substance users

HSC343: Support individuals to live at home

HSC344: Support individuals to retain, regain and develop the skills to manage their lives and environment

HSC345: Support individuals to manage their financial affairs (cannot combine with HSC 346)

HSC346: Support individuals to manage direct payments (cannot combine with HSC 345)

HSC347: Help individuals to access employment  
HSC348: Help individuals to access learning, training and development opportunities  
HSC349: Enable individuals to access housing and accommodation  
HSC350: Recognise, respect and support the spiritual well-being of individuals  
HSC351: Plan, agree and implement development activities to meet individual needs  
HSC352: Support individuals to continue therapies  
HSC353: Interact with individuals using telecommunications  
HSC354: Counsel individuals about their substance use using recognised theoretical models  
HSC355: Counsel groups of individuals about their substance use using recognised theoretical models  
HSC356: Support individuals to deal with relationship problems  
HSC357: Carry out extended feeding techniques to ensure individuals' nutritional and fluid intake  
HSC358: Identify the individual at risk of skin breakdown and undertake the appropriate risk assessment  
HSC360: Move and position individuals  
HSC361: Prepare for and undertake physiological measurements  
HSC362: Recognise indications of substance misuse and refer individual to specialists  
HSC363: Test for substance use  
HSC364: Identify the physical health needs of individuals with mental health needs  
HSC365: Raise awareness about substances, their use and effects  
HSC366: Support individuals to represent their own needs and wishes at decision-making forums  
(cannot combine with HSC 367 and 368)  
HSC367: Help individuals identify and access independent representation and advocacy (cannot  
combine with HSC 366 and 368)  
HSC368: Present individuals' needs and preferences (cannot combine with HSC 366 and 367)  
HSC369: Support individuals with specific communication needs (cannot combine with HSC 370 and 371)  
HSC370: Support individuals to communicate using technology (cannot combine with HSC 369 and 371)  
HSC371: Support individuals to communicate using interpreting and translation services (cannot  
combine with HSC 369 and 371)  
HSC372: Plan and implement programmes to enable individuals to find their way around familiar  
environments  
HSC373: Plan and implement programmes to enable individuals to find their way around unfamiliar  
environments  
HSC374: Provide first aid to an individual needing emergency assistance  
HSC375: Administer medication to individuals  
HSC376: Obtain venous blood samples  
HSC377: Encourage and support individuals undergoing dialysis therapy at home  
HSC378: Insert and secure urethral catheters and monitor and respond to the effects of urethral  
catheterisation  
HSC379: Support individuals who are substance users  
HSC380: Supply and exchange injecting equipment for individuals  
HSC381: Support individuals through detoxification programmes  
HSC382: Support individuals to prepare for, adapt to and manage change (cannot combine with HSC  
383)  
HSC383: Prepare and support individuals to move and settle into new living environments (cannot  
combine with HSC 382)  
HSC384: Support individuals through bereavement  
HSC385: Support individuals through the process of dying  
HSC386: Assist in the transfer of individuals between agencies and services  
HSC387: Work in collaboration with carers in the caring role

HSC388: Relate to families, parents and carers  
HSC389: Work with carers, families and key people to maintain contact with individuals  
HSC390: Support families in maintaining relationships in their wider social structures and environments  
HSC391: Provide services to those affected by someone else's substance use  
HSC392: Work with families, carers and individuals during times of crisis  
HSC393: Prepare, implement and evaluate agreed therapeutic group activities  
HSC394: Contribute to the development and running of support groups  
HSC395: Contribute to assessing and act upon risk of danger, harm and abuse  
HSC396: Enable people with mental health needs to develop coping strategies  
HSC397: Reinforce positive behavioural goals during relationships with individuals  
HSC398: Contribute to assessing the needs of individuals for therapeutic programmes to enable them to manage their behaviour  
HSC399: Develop and sustain effective working relationships with staff in other agencies  
HSC3100: Participate in inter-disciplinary team working to support individuals  
HSC3101: Help develop community networks and partnerships  
HSC3102: Work with community networks and partnerships  
HSC3103: Contribute to raising awareness of health issues  
HSC3104: Support the development of networks to meet assessed needs and planned outcomes  
HSC3105: Contribute to the recruitment and placement of volunteers  
HSC3106: Plan, organise and monitor the work of volunteers  
HSC3107: Lead and motivate volunteers  
HSC3108: Facilitate learning through presentations and activities  
HSC3109: Facilitate group learning  
HSC3110: Support colleagues to relate to individuals

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